

# Communicate Connect

*Communicate with ease & authenticity to 1 or 1,000.*

*"I have indeed found my authentic voice".  
Patt Gregory,  
Woodwork 4 Women.*

**Starts April 2, 2008.  
10 x 2hr sessions.  
Wed, 10-12 noon.  
Early bird \$350.**

**Limit of 8 places.**



**Where & When**  
Brunswick Heads  
Community Centre,  
South Beach Road  
(opp Surf Club)

*"... so much more  
than just a public  
speaking course."*

*"It is a "must do" to  
explore the public  
speaker that is waiting  
to be released form  
within."  
Mark Wright, business  
owner*

*" Welcome everyone! I'd like to introduce... "*

*... You!*

*What do you **say next?***

*When will your heart **stop pounding?***

*How do you **genuinely touch people's hearts with a meaningful message?***

You will be able to answer these questions **yourself**, after completing the powerful personal experience of **Communicate Connect**. **Communicate Connect** is an 8 week program designed to build confidence in speaking from the heart, to engage your listeners' mind, body & spirit. This style of speaking is beautifully suited to people who need to build trust and rapport and presence with others. There is a limit of 8 participants to ensure individual attention and support.

This simple, no preparation technique is designed for people who want to:

- Manage speaking nerves
- Drop the mask to be yourself
- Discover your unique speaking style
- Connect deeply to make a lasting impact

and who are struggling with:

- Trembling knees, sweaty palms, tight throat and pounding heart.
- An inner voice saying: "You don't have anything of value to offer."
- Racing or stumbling words and fear of going blank.
- Hiding behind a polished exterior, making only a shallow impact on your audience.
- Being comfortable one on one or delivering workshops, but not knowing how to translate that to a bigger audience.

**Communicate Connect** suits experienced speakers as well as nervous speakers. From my personal history as a speaker, I always appeared confident. But inside, I knew I was missing the mark. **Communicate Connect** shows you how to bridge the gap between your head and heart to genuinely connect with your audience using natural charisma.

There's no preparation for **Communicate Connect**, so just relax and know you can be yourself in a safe, structured environment. For more information on **Communicate Connect**, you can contact me on 6685 1917 or [geraldine@geraldinebarkworth.com](mailto:geraldine@geraldinebarkworth.com). **What is it costing you, to avoid speaking in public with ease and authenticity?** I'm looking forward to working with you on changing that.

**Geraldine Barkworth, Facilitator**  
*PTO for Registration Form*

# Communicate Connect Registration Form

Geraldine Barkworth Coaching & Training abn: 84771052152 p: 02-6685 1917

**To register:** fax this page to 6685 1094 or email to [info@geraldinebarkworth.com](mailto:info@geraldinebarkworth.com)

**Level 1** focuses on building public speaking confidence and learning to connect and build a relationship with your audience.

**Level 2** focuses on blending speaking with natural charisma and using structure and delivering content in order to share, pitch, promote or sell an idea, product or service.

Places are limited to 8 participants per group so it's a "first come, first placed" basis. Your Registration Form must be received by Geraldine Barkworth by Monday, March 31, 2008. You will be invoiced on receipt on your registration form and prepayment of AUD \$350 is required before your program begins.

**Cancellations:** 100% refund if withdrawn before 26 March; **nil refund from March 28, 2008 onward.**

Communicate Connect 1: 6 weeks @ \$230                      Communicate Connect II: 4 weeks @ \$150  
Prepayment of both I & II @ 10 weeks attracts a discounted cost of: \$350.

**Cheque or cash payments:** Geraldine Barkworth, 10 Teven Street, Brunswick Heads NSW 2483.

**EFT payments:** Geraldine Barkworth, ANZ, bsb 012-742, account no. 5466-18371.  
(Please quote your name or invoice number as the reference.)

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Name:

Tax Invoice Address:

			Postcode
Home	Work	Email	

**Please indicate (circle, tick, colour) which of the following skills you are looking to build:**

- Want to manage & transform speaking nerves
- Want to improve deep listening skills
- Want to be authentic rather than "polished and slick"
- Want to let go of memorizing & over-preparing
- Want to feel connected to your listeners & maintain their attention
- Want to increase emotional and social intelligence
- Want to think on feet at short notice
- Want to find my authentic voice

**Where** do you want to speak?

**What** do you want to speak about?

**Why** is it imperative **now** that you learn to speak with ease and authenticity?

- Do you agree to keep personal information about participants confidential?                      Yes      No

**Signature:**

**Date:**