

Communicate Connect

Communicate with ease & authenticity to 1 or 1,000

“ Welcome everyone! I'd like to introduce... “

... You!

What do you say next?

When will your heart stop pounding?

How do you genuinely touch people's hearts with a meaningful message?

You will be able to answer these questions **yourself**, after completing the powerful personal experience of **Communicate Connect**. **Communicate Connect Level 1**, is an 6 week program designed to build confidence in speaking from the heart, to engage your listeners' mind, body & spirit. This style of speaking is beautifully suited to people who need to build trust and rapport and presence with others. There is a limit of 8 participants to ensure individual attention and support.

This simple, no preparation technique is designed for people who want to:

- Manage speaking nerves
- Drop the mask to be yourself
- Discover your unique speaking style
- Connect deeply to make a lasting impact

and who are struggling with:

- Trembling knees, sweaty palms, tight throat and pounding heart.
- An inner voice saying: "You don't have anything of value to offer."
- Racing or stumbling words and fear of going blank.
- Hiding behind a polished exterior, making only a shallow impact on your audience.
- Being comfortable one on one or delivering workshops, but not knowing how to translate that to a bigger audience.

Communicate Connect suits experienced speakers as well as nervous speakers. From my personal history as a speaker, I always appeared confident. But inside, I knew I was missing the mark. **Communicate Connect** shows you how to bridge the gap between your head and heart to genuinely connect with your audience using natural charisma.

There's no preparation for **Communicate Connect**, so just relax and know you can be yourself in a safe, structured environment. For more information, please contact me on 6685 1917 or geraldine@geraldinebarkworth.com .

What is it costing you, to avoid speaking in public with ease and authenticity? I'm looking forward to working with you on changing that.

Geraldine Barkworth, Facilitator
www.geraldinebarkworth.com

"I have indeed found my authentic voice".

*Patt Gregory,
Woodwork 4 Women.*

**Sept 3,10,17,24,
Oct 1,8, 2008.**

**6 x 2 hour sessions.
Wed, 10am-12noon.
\$180.**

Limit of 8 places.



Location

Brunswick Heads
Community Centre,
South Beach Road
(opp Surf Club).
*(Brunswick Heads is
near Byron Bay)*

*" ... so much more
than just a public
speaking course. "*

*" It is a "must do" to
explore the public
speaker that is waiting
to be released form
within. "*

*Mark Wright, business
owner*